

INTENSIVE WORKSHOP IN KLEIN TECHNIQUE™ TAUGHT BY SUSAN KLEIN IN BERLIN, GERMANY

This workshop will emphasize a pivotal principle of Klein Technique™, the concept of moving from our deepest structural and energetic tissue, the bone. Through an interweaving of theory and practice we will work on the muscles of deep postural support: the psoas, the hamstrings, the pelvic floor muscles, and the external rotators. We will work with a body-felt understanding of how these muscles bring the bones into alignment, a place of connectedness, which leads to true power and efficiency of movement. Klein Technique™ is a process-oriented practice of great value to people of all proficiency levels, dancers and non-dancers alike. Our goal is to teach movement from the individual perspective of internal knowing and understanding. Students of all levels of practice in Klein Technique™ will gain insight into their movement patterns and habits and gain a greater internal understanding of their bodies. www.kleintechnique.com

Susan Klein has been developing and teaching Klein Technique™ since 1972 teaching in daily classes New York City at her studio, The Susan Klein School of Movement and Dance. Since 1989 she has been traveling throughout the world teaching intensive workshops in Klein Technique™. Klein Technique™ is a result of a serious knee injury and developed out of Susan's personal journey to get well. It serves as a way for people to work through their individual injuries, to understand and improve the workings of their bodies, to heal themselves and become better dancers. Her main influences in developing her work are Irmgard Bartenieff, Dr. Fritz Smith, and Professor J. R. Worsley. Susan has a private practice as a Movement Therapist, Certified Zero Balancer, Senior Zero Balancing Teacher, and Traditional 5 Element Worsley Style Acupuncturist, L.Ac., B.Ac.(UK), M.Ac.,(USA), Dipl. Ac.(NCCAOM). www.kleintechnique.com/instructors-sk.html

- Date:** Monday, June 19 – Friday, June 23, 2017
- Time:** 10:00am – 1:00pm
- Location:** Studio 142
Kunstquartier Bethanien
Mariannenplatz 2, Kreuzberg
- Fee:** 190 Euros/170 Euros if registering by May 29, 2017
(200 USD/180 USD if registering by May 29, 2017)
- Registration:** Susan Klein
susan@kleintechnique.com

Please note that class size is limited and fills up quickly.
Your registration is only confirmed once payment is completed and confirmed.

